

Transforming Lives: The Heart and Soul of Health Care

Allison Massari



Conflict of Interest Disclosure

Allison Massari reported no relevant financial relationships or relationships she has with ineligible companies of any amount during the past 24 months.





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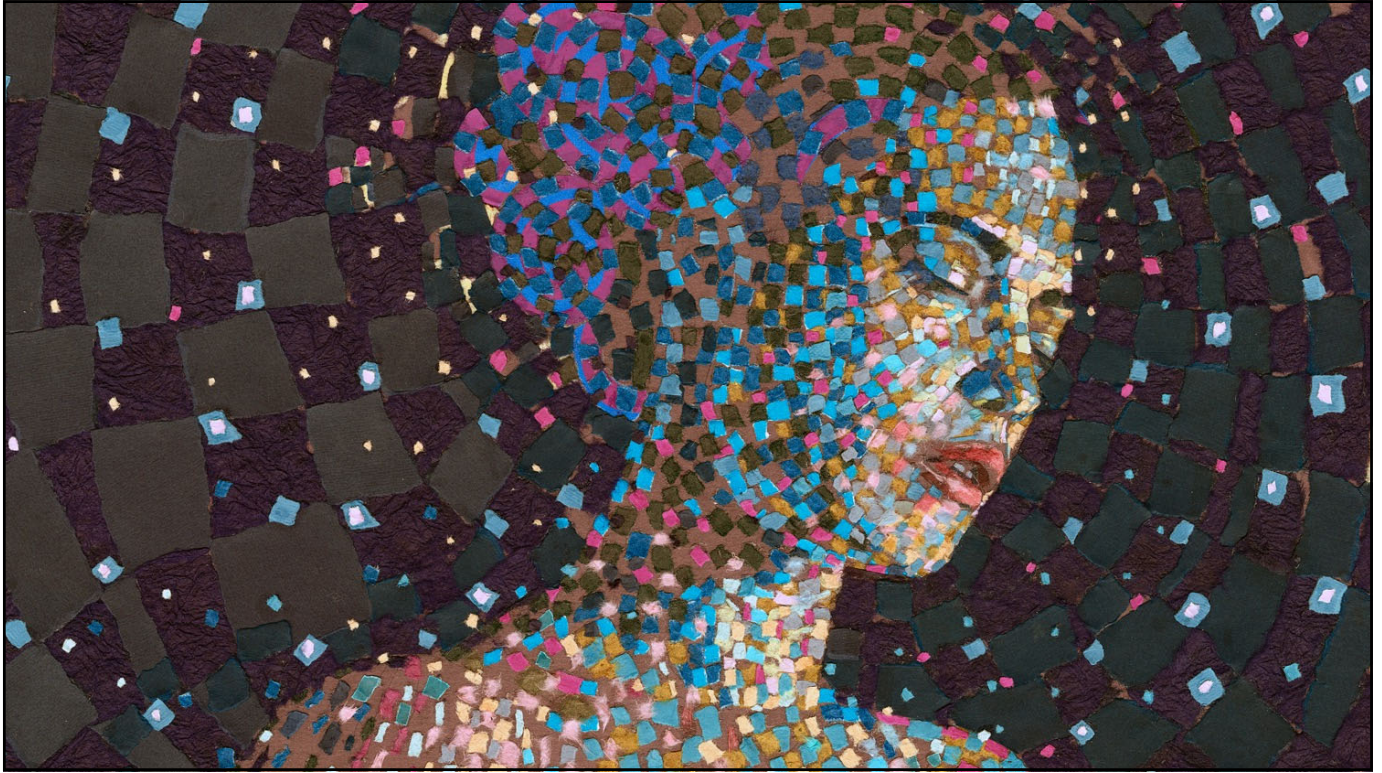
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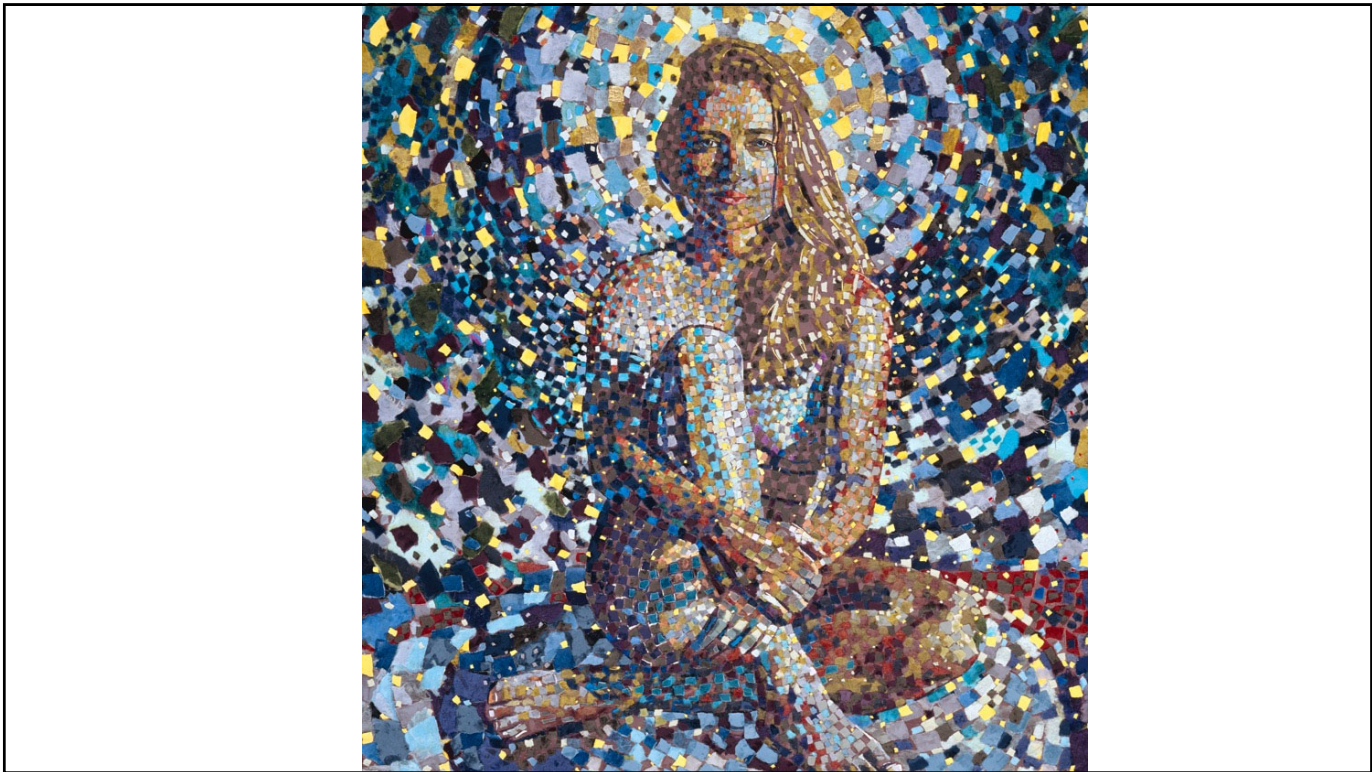
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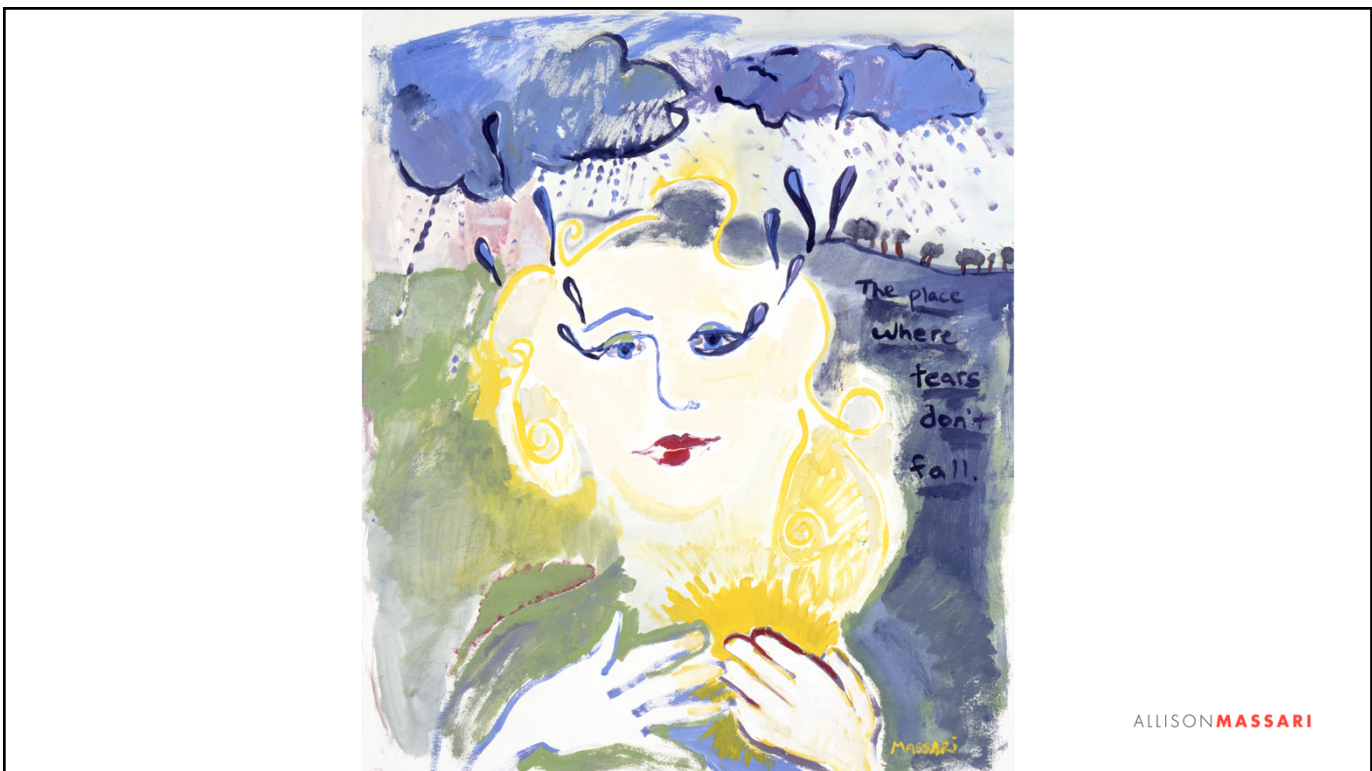
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“Himmelhochjauchzend zum Tode betrübt”

—GOETHE

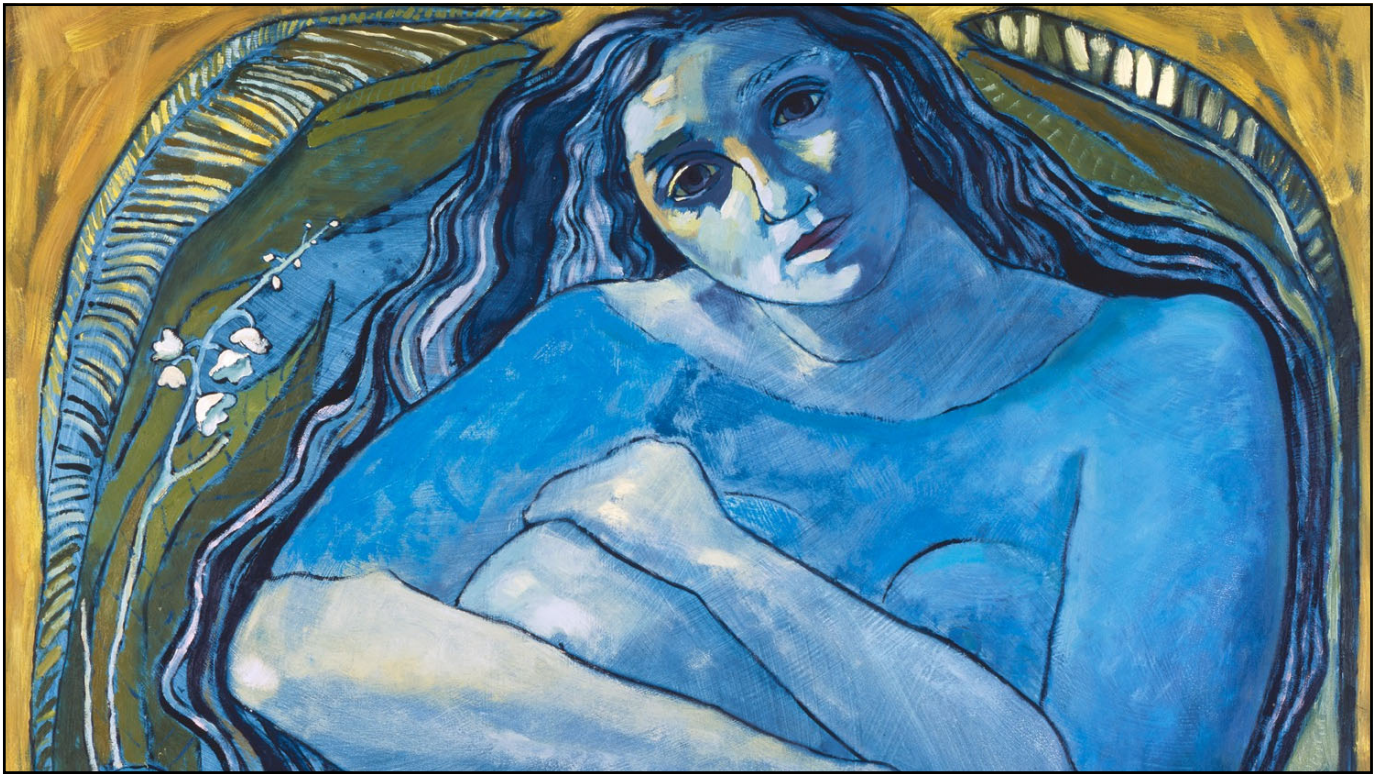


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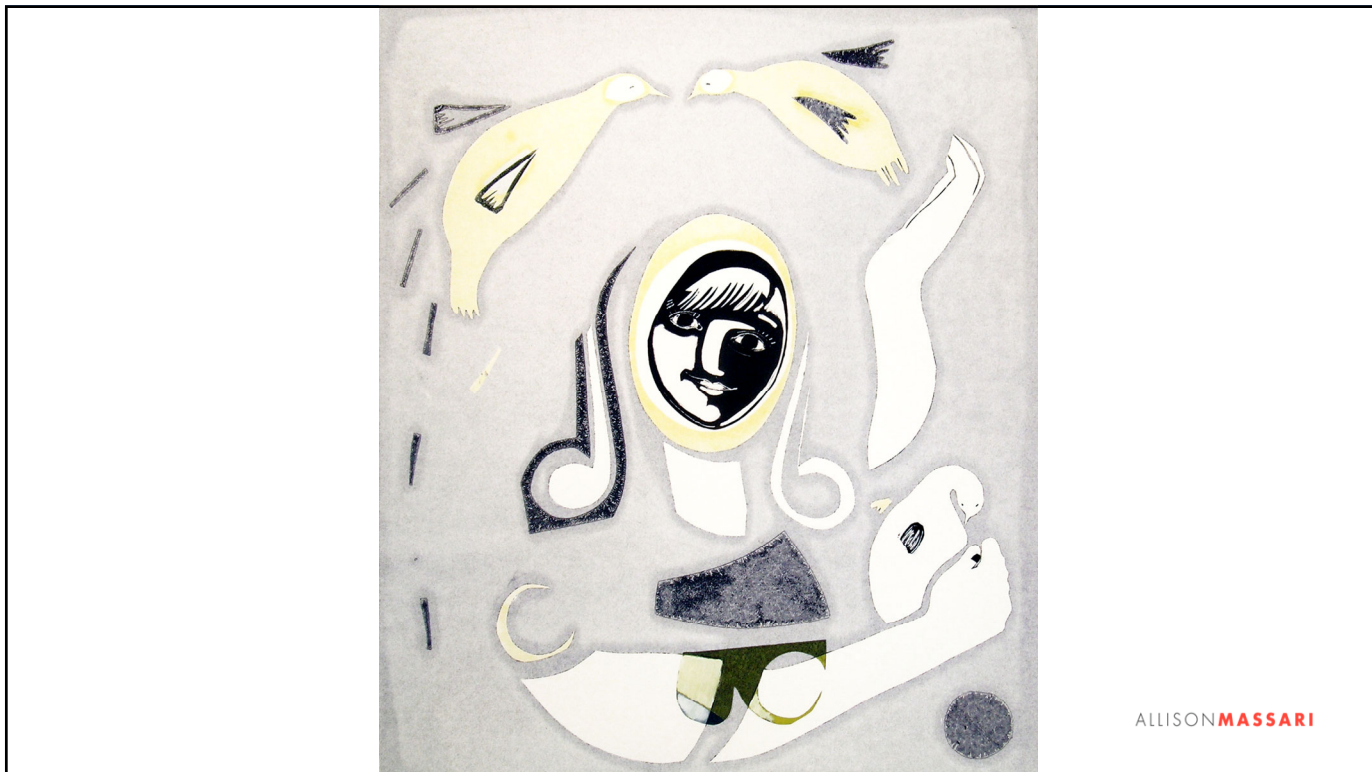
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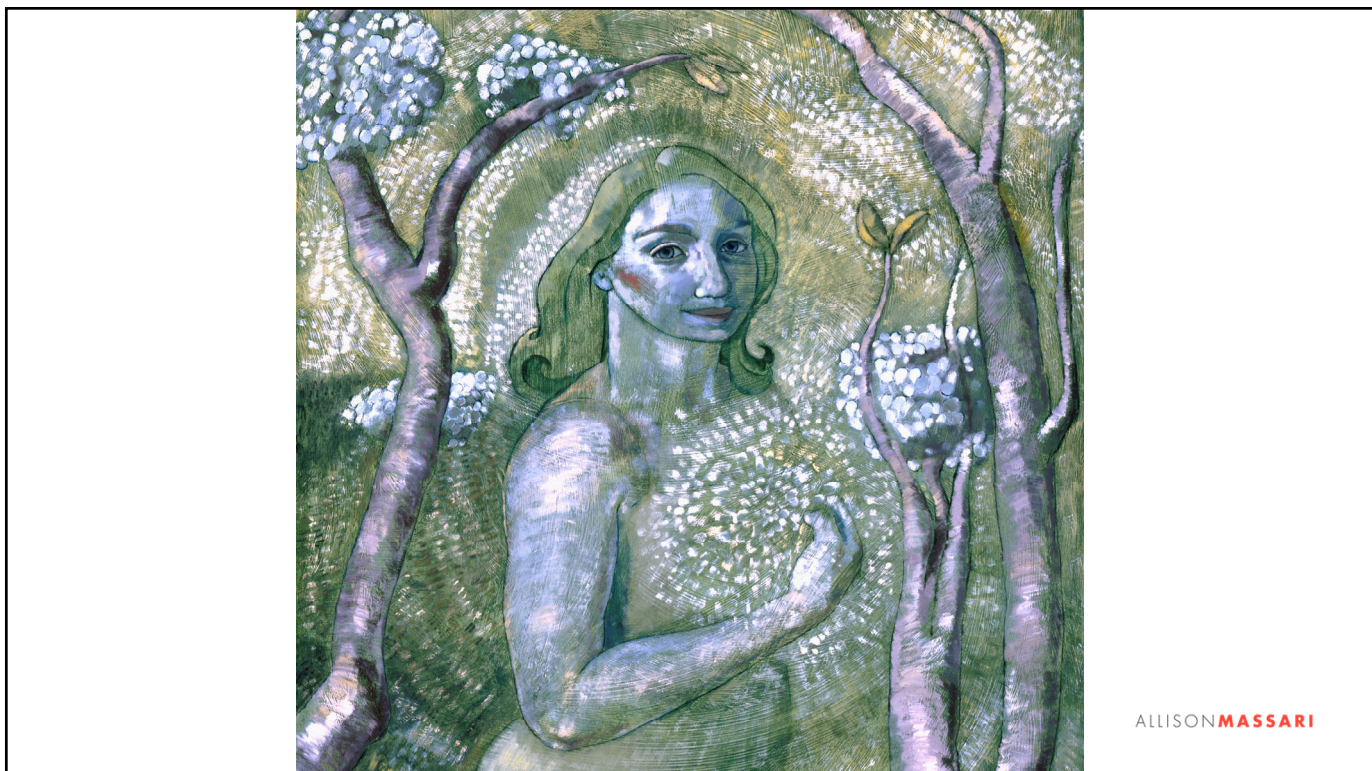


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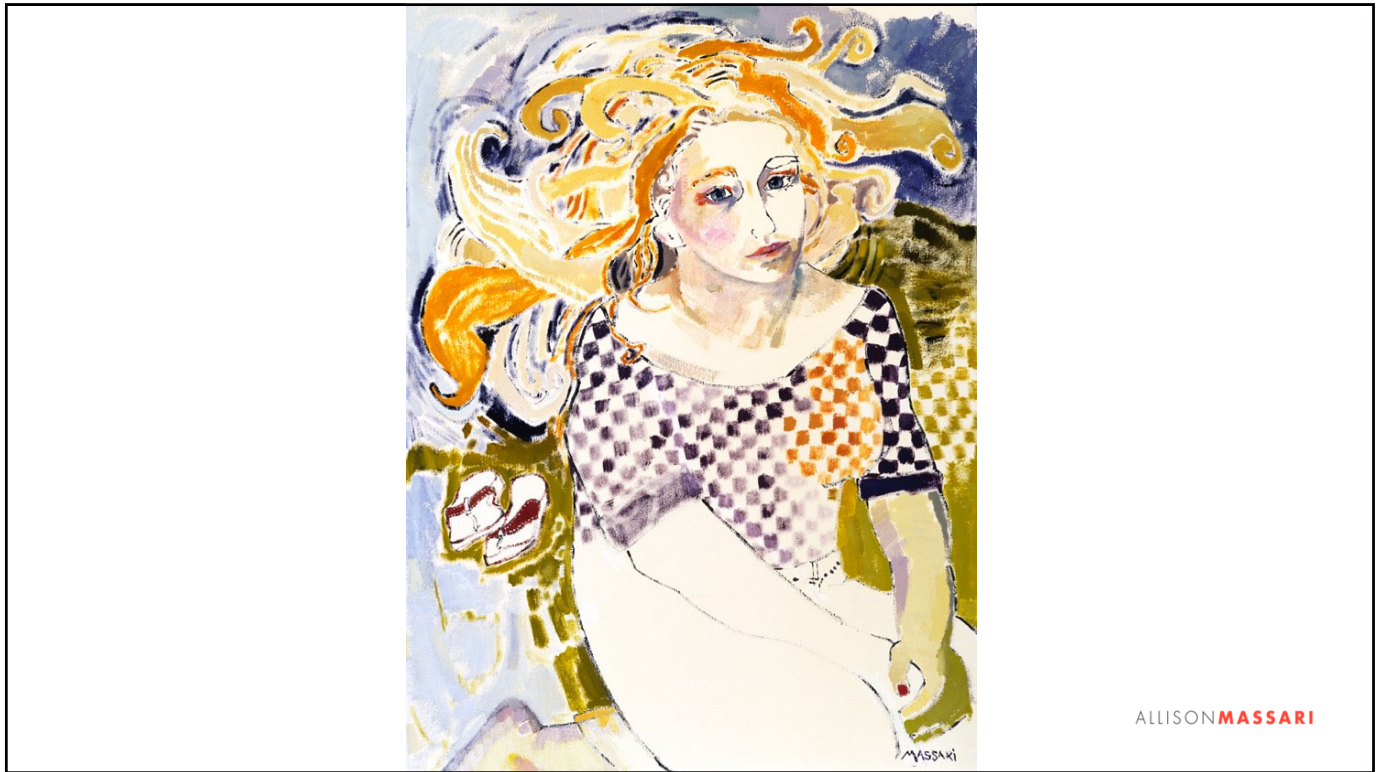
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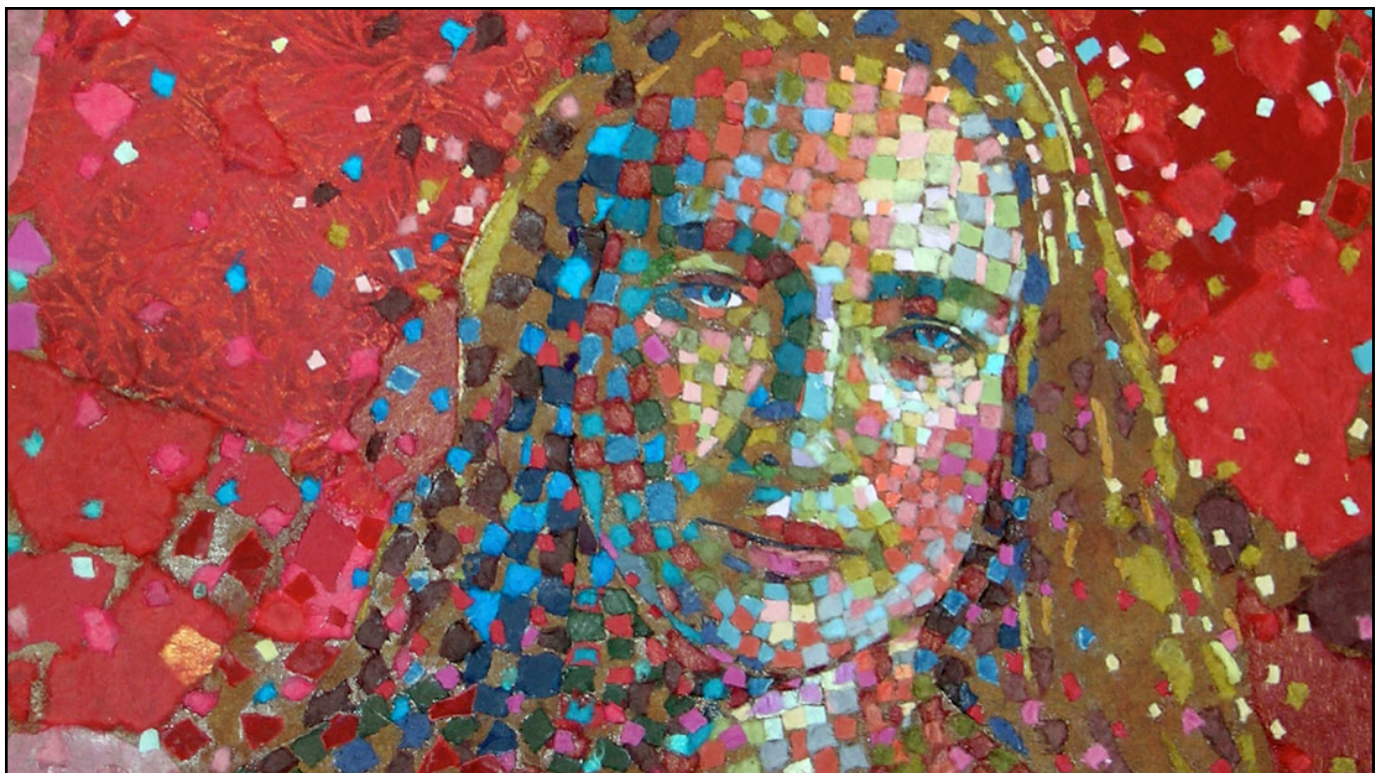
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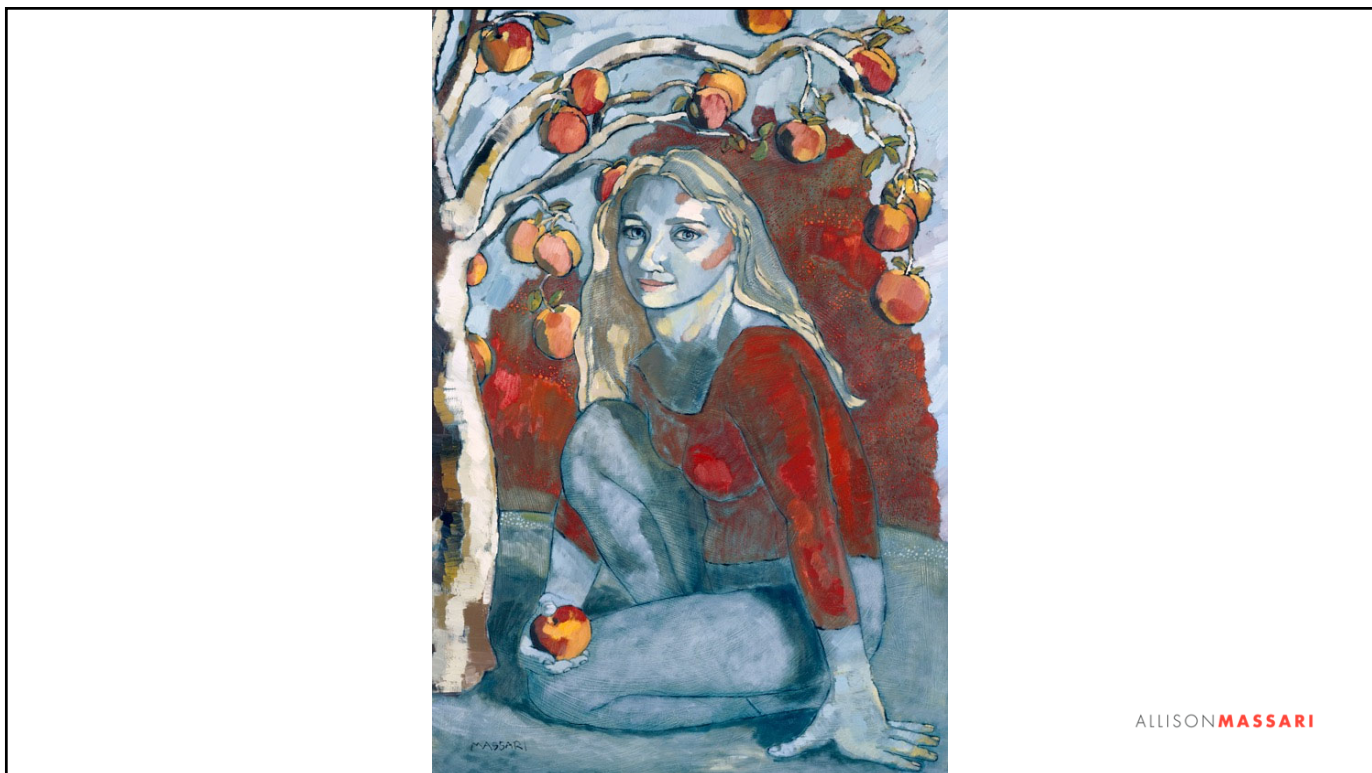
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Claim the Fiery Babe Inside You

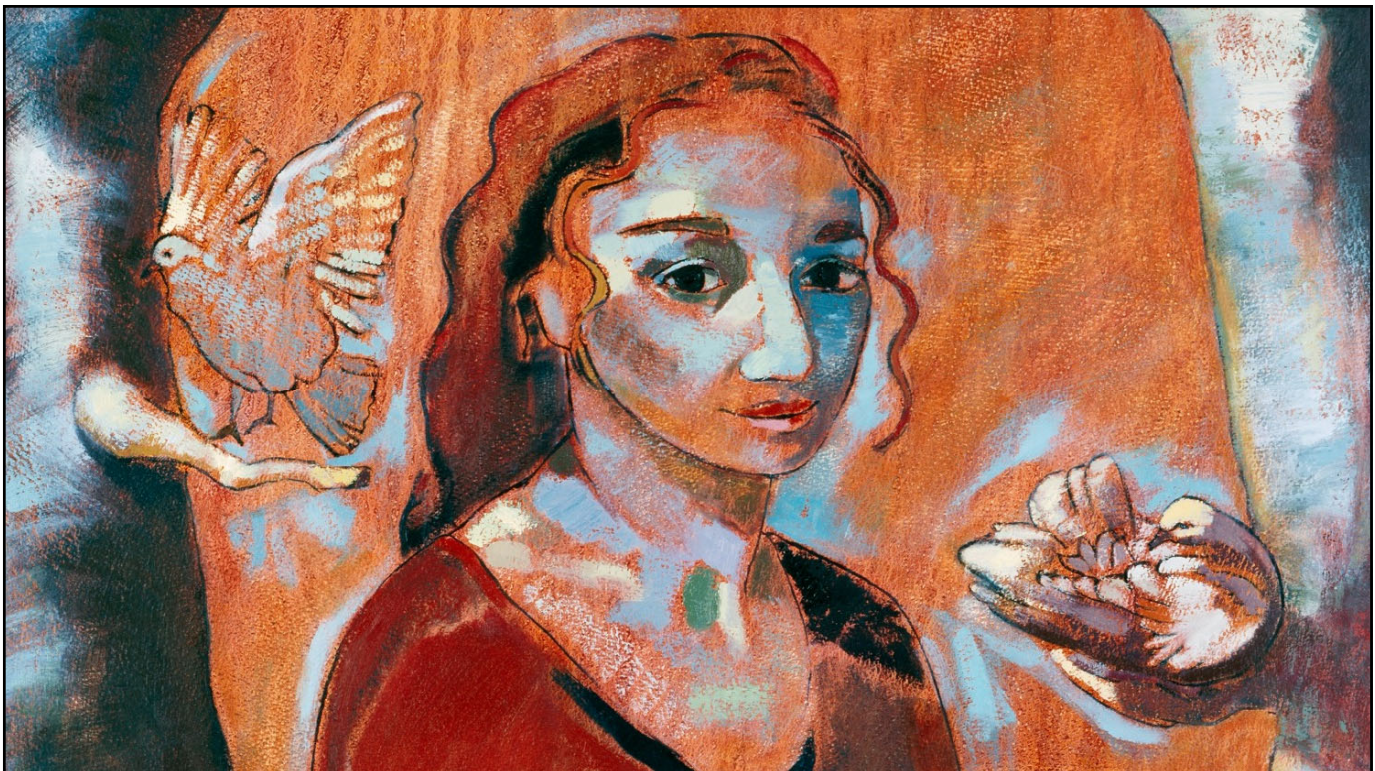
Burn, Baby, Burn! Disco Inferno! Burn, Baby, Burn!

Burn, Baby, Burn! Disco Inferno! Burn, Baby, Burn!

Burn, Baby, Burn! Disco Inferno! Burn, Baby, Burn!

Claim the Fiery Babe Inside You

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The Courage of **CURIOSITY**

Actively engaging your curiosity—your interest. Seeing life as a school. Seeing yourself as open, always learning something new, and ready to find solutions to any problem or challenge.

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The Courage of **TRUTH**

Having the courage to sincerely and gently *seek and see* the truth—of who you are, of your situation, and of the people involved. To look at everything squarely and honestly.

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The Courage of **DEFIANCE**

Being *defiant to keep your light shining*—no matter what is happening in your life or in the world around you. Choosing to resist hopelessness.

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The Courage of **COMPASSION**

Bringing your *full heart forward* with tenderness and strength. Compassionately acknowledging all that you are feeling.

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The Courage of **TRUST**

Perhaps the most difficult...but so beautiful...

Making the decision to *keep your heart open to life*. Being patient with yourself and forging a deep sense of Trust—*believing* in yourself and your ability to find your way.

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Massari Resilience MindsetSM

The Courage of **CURIOSITY**

The Courage of **TRUTH**

The Courage of **DEFIANCE**

The Courage of **COMPASSION**

The Courage of **TRUST**

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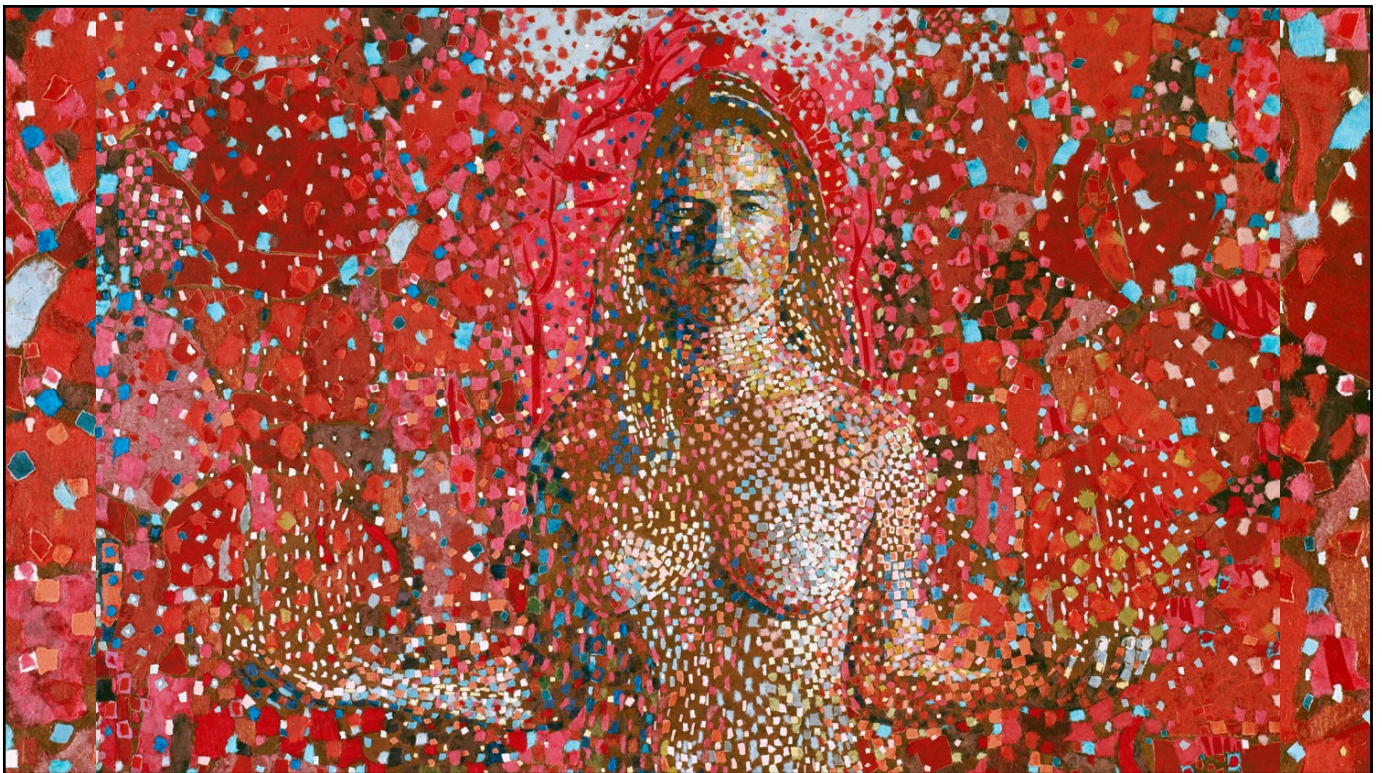
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Questions

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Thank you

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